



云南"空"到云南 三江并流之旅

YUN NAN Driving Tour with
The Last Mysterious Place in Yun Nan Three Parallel Rivers

怒江第一湾 The First Bend of Nu River

<mark>怒江第一湾 - 奔腾直下的怒江在这里突然来了一个 U 型大弯,湛蓝的江水环抱着一个几</mark> 乎被隔绝的村落,美的就像一幅重彩油画。

The First Bend of Nu River - is came from the sharp curve of its river, there is a village surrounded by the river and it looks like a beautiful painting.













9天 8夜 Nights 中国

RM 10 288

PER PERSON TWIN SHARING

出发日期 DEPARTURE DATE: 12 DEC 2024

怒江州 NU RIVER PREFECTURE

丙中洛镇 BINGZHONGLUO TOWN 5111身

维西县 WEIXI

吉隆坡 计广州 计昆明 -天

(机上用餐/晚)

- 集合于国际机场,准备前往中国广州转机。
- 抵达广州机场,再乘搭飞机前往昆明。
- 抵达昆明后由专人接机,前往入住酒店。

昆明 👄 大理 (350km)

(早/午/晚)

- 双廊古镇 是大理洱海边的千年渔村,是《五朵金花》外景拍摄地,有着 苍山洱海风光第一镇"的美誉。
- 大理古城,洋人街 是大理国家历史文化名城、大理国家重点风景名胜 区,棋盘式的街道格局与民居建筑皆保留其历史样貌。

大理 👄 泸水市(怒江州)_(260km) 第三天

(早/午/晚)

- 是大理"风花雪月"四景之一"洱海月"之所在。据说因形状像-耳朵而取名为"洱海"。洱海水质优良,水产资源丰富,同时也是一个有着 迤逦风光的风景区。
- 喜洲古镇 这里是一个传统额白族聚集村镇,大街小巷到处都是白族的 特色建筑,它是大理自治州境内保存最完好的白族聚居地之一。
- 澡堂会 是一个独具民族特色的传统盛会,已经有着200多年历史了。在 每年的春节大年初二到初七,数千傈僳人都会开起露天宴,洗泡温泉,这 里没有遮拦,男女共浴。在傈僳族人眼里,能洗去一年的辛劳和疾病,洗掉 -年的罪孽和过失,同时还能洗出来年的好运,迎接春天,迎接吉祥。

泸水市 ♣ 贡山县(250km) 第四天

(早/午/晚)

- 三江并流中的怒江 发源于青藏高原的唐古拉山。上游叫那曲河,流入 缅甸后改称萨尔温江,最后注入印度洋的安达曼海,全长 3240公里。雪峰 林立,森林无边,山高谷幽,气象万千。
- **怒江美丽公路** 全长288公里, 因地制宜, 打造"车在江边走, 人在画中 游"的峡谷公路景观,向世人展现怒江沿岸的风光美、环境美、村寨美和生 活美。
- 是怒族语的音译, 意思是"人喜欢来的地方"。一座建在悬崖边 ■ 老姆登 上,红白相间的房子,就是怒江流域最大的基督教堂--老姆登教堂。
- 知子罗 位于怒江东岸碧罗雪山海拔200多米的山腰上,保留了上世纪 七八十年代的风貌,让人感觉时间静止在了这里,被世人称为"记忆之 城"
- 石月亮 有一巨大的大理岩溶蚀而成的穿洞,就可看到这个透着白云蓝 天的石洞,它有一个好听的名字,叫做石月亮。

贡山县 🚗 丙中洛镇(120km) 第五天

(早/午/晚)

- 怒江第一湾 奔腾直下的怒江在这里突然来了一个U型大弯, 湛蓝的江 水环抱着一个几乎被隔绝的村落,美的就像一幅重彩油画。
- 桃花村
- **石门关** 怒江从石门关中喷涌而出,奔泻而下。石门关气势磅礴,雄奇壮观。
- 雾里村 是茶马古道上的一个宁静美丽的小村庄,去秋那桶村的途中的 怒江对面。
- 秋那桶 是云南省在怒江大峡谷北端的最后一个村子。人称"人神共居" 之地,村内环境优美,具有突出的怒族民居特色。
- **丙中洛** 是中华人民共和国云南省怒江傈僳族自治州贡山独龙族怒族自 治县下辖的一个乡镇级行政单位。

中国南方航空 CHINA SOUTHERN

FLIGHT DETAIL Flight Going Thu, 12 Dec 2024 CZ 366 08:50 - 12:45 Kuala Lumpur (KUL) - Guangzhou (CAN) 3 hours 55 minutes 15:05 - 17:40 Guangzhou (CAN) - Kunming (KMG) 2 hours 35 minutes Flight Return Thu, 20 Dec 2024 11:00 - 13:20 Lijiang (LJG) - Guangzhou (CAN)

丙中洛镇 维西县 (280km) 第六天

(早/午/晚)

■ 早餐后,驾车沿德贡公路。

2 hours 20 minutes

D CZ 365

17:35 - 21:50

4 hour 15 minutes

德贡公路 - 一条全长不足百公里,在21世纪却修了整整12年的公路!成 为穿越三江风光,历经四季美景的绝世公路。

Guangzhou (CAN) - Kuala Lumpur (KUL)

- **澜沧江**-犹如一条巨龙,奔腾在雪山和峡谷之间。全长约4909公里,流经 中国,老挝,缅甸,泰国,柬埔寨,越南,在境外称为湄公河。它是东南亚第 -长河,世界第七长河。
- **茨中教堂** 是澜沧江边的一座天主教堂,附近的迪庆藏民们大多是虔诚 的佛教徒,他们把佛教作为生活的重要部分。

维西县 🖦 香格里拉(180km) 第七天

(早/午/晚)

- 早餐后,前往滇金丝猴国家公园。
- 滇金丝猴-这种与大熊猫齐名的国宝动物,有着猩红色"性感"嘴唇,面庞 白里透红,长着一张最像人的脸。它是世间最美动物之一,生活在人迹罕 至的三江并流核心地带,是当地人心中的精灵。
- 三江并流中的金沙江-是中国长江的上游。因江中沙土呈黄色得名。
- 普达措国家公园 位于滇西北"三江并流"世界自然遗产中心地带,由国 际重要湿地碧塔海自然保护区和"三江并流"世界自然遗产哈巴片区之属 都湖景区两部分构成,以碧塔海、属都湖和弥里塘亚高山牧场为主要组成 部分,也是香格里拉旅游的主要景点之-
- 独克宗古城 位於迪庆藏族自治州香格里拉县东南隅,为唐代吐蕃王朝 所建。"独克宗"是藏语发音,意为"月光城"和"建在石头上的城堡"。古城依山而建,路面就地势铺筑石板,自然起伏。至今,在石板路上甚至还能看 出马蹄的印迹,这是岁月久远的马帮留下的信物。

香格里拉 🖚 丽江(170km) 第八天

(早/午/晚)

- 虎跳峡 是中国云南省丽江一处峡谷,位于玉龙与香格里拉之间的金沙 江干流上。相传金沙江逢枯水期时,有猛虎下山,在此江中的礁石上稍一 脚后腾空便越过,故称"虎跳峡",江中的礁石则称作"虎跳石"。
- 丽江古城 世界文化遗产,具有800多年历史的丽江古城,始建于南宋末 年。街道不拘于工整而自由分布,主街傍水,小巷临渠,300多座古石桥与 河水、绿树、古巷、古屋相依相映,极具高原水乡古树、小桥、流水、入家的 美学意韵。

丽江 🛪 广州 🛪 吉隆坡 第九天

(早/机上用餐)

■ 早餐后根据返程时间前往机场,返回温暖的家。





RM 10 288

PER PERSON TWIN SHARING

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DAY 1

KUALA LUMPUR X GUANGZHOU *X KUNMING

- Assemble at the international airport, take flight to China.
- Arrive at Guangzhou Airport, take flight to Kunming.
- After arrive Kunming, picked up and check in hotel.

DAY 2

KUNMING A DALI(350km)

- $\textbf{Shuang lang Town} \ \ is \ fishing \ village \ that \ beside \ Erhai \ Lake \ and \ the \ Chinese \ romantic \ musical film \ "Five \ Golden \ Flowers" \ was \ filmed \ at \ this \ location.$
- Dali Ancient Town It is a national historical and cultural city of Dali and a national key scenic spot of Dali. The chessboard-like street pattern and residential buildings retain their historical appearance.

DAY₃

DALI LUSHUI(260km)

- Erhai Lake is the location of "Erhai Moon", one of the four scenic spots of Wind, Flowers, Snow and Moon" in Dali. It is said that it was named "Erhai" because it is shaped like an ear. Erhai Lake has excellent water quality and rich aquatic resources. It is also a scenic spot with meandering scenery.
- Xizhou Ancient Town This is a traditional village and town where the Ebai people gather. The streets and alleys are full of Bai people's characteristic buildings. It is one of the best-preserved Bai settlements in Dali Autonomous Prefecture.
- Enjoy open-air Hot Spring Bath is a traditional pageant that having national characteristic, it has more than 200 years history. Every year in the spring festival, from the first day until the 9th day of the lunar new year, there will be thousand of Lisu people gather around to enjoy the hot spring. In the perspective of Lisu people, this pageant can help to wash away all the toil, disease, sin and guilty. Besides that, it also can help to bring luck to meet the beautiful spring and good fortune.

DAY 4

LUSHUI - GONGSHAN(250km)

- One of the three parallel rivers, Nu River The origin of Nu river river itself is come from the Qinghai Tibet Plateau, Tanggula Mountains. The upper reaches of the river called as Nagqu river while when it flows into Myanmar it was called as Salween and the river itself is about 2,815 kilometres long that flows into the Andaman Sea.
- Beautiful Nu River Highway with 288 kilometers, it was built according to the adaptation to local condition in order to display out the beautiful scenery, environment, village and the life of Nu river.
- **Laomudeng** is a transliteration of the Nu language, meaning "a place where people like to come". A red and white house built on the edge of a cliff is Laomudeng Church, the largest Christian church in the Nujiang River Basin.
- Zhiziluo Located on the mountainside of Biluo Snow Mountain more than 200 meters above sea level on the east bank of Nujiang River, it retains the style of the 1970s and 1980s, making people feel that time has stood still here. It is known as the "City of Memory" by the world.
- **Stone Moon** There is a huge hole made by melted marble, and you can see this stone cave with white clouds and blue sky. It has a nice name, Stone Moon

DAY 5

GONGSHAN BINGZHONGLUO (120km)

- The First Bend of Nu River is came from the sharp curve of its river, there is a village surrounded by the river and it looks like a beautiful painting
- Taohua Village
- Shimen Pass The Nu River gushes out from Shimen Pass and rushes down. Shimen Pass is majestic and majestic.
- Wuli Village is a quiet and beautiful small village on the Tea Horse Road, across the Nu River on the way to Qiunatong Village.
- Qiunatong It is the last village in Yunnan Province at the northern end of the Nujiang Grand Canyon. Known as a place where "human beings and gods live together", the village has a beautiful environment and outstanding Nu residential characteristics.
- Bingzhongluo is a township-level administrative unit under the jurisdiction of Gongshan Dulong and Nu Autonomous County, Nujiang Lisu Autonomous Prefecture, Yunnan Province, the People's Republic of China.

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BINGZHONGLUO WEIXI (280km) (B/L/D) DAY 6

After breakfast, drive to Degong High Way.

4 hour 15 minutes

- Degong high way is not longer than hundred kilometers and it took 12 years' time to repaired in 21 centuries.
- **Lancang River** looks like a giant dragon passing across between the snow mountain and canyon, the overall length of the river is around 4, 909 kilometers which passing across China, Laos, Myanmar, Thailand, Cambodia and Vietnam. It was called as Lancang River in China but beyond the borders it is known as Mekong River, it is the longest river in south east Asia and the seventh longest river in the world.
- $\begin{tabular}{ll} \textbf{Cizhong Church} & \text{ is a catholic church that located beside Lancang River, as } \\ most of the Tibetan people is Buddhism and they took Buddhism as part of the life. \\ \end{tabular}$

DAY 7 WEIXI SHANGRI-LA (180km)

- After breakfast, proceed to Yunnan Golden Monkey **National Park**
- Yunnan Golden Monkey National Park The Black Snub-nosed Monkey is China's national treasure that be equally famous with Panda, it has sexy lips while its face is white touched with red that most likely looks like human face. Besides that, they sat at the heart of Three Parallel Rivers and the local people often regard
- **The First Bend of Yangtze River** is come from the sharp curve of its river as it is a thousand miles river but when it comes to Shiguzhen, it has a sharp bends which make it look like a Vshape.
- Potatso National Park Located in the center of the "Three Parallel Rivers' World Natural Heritage in northwest Yunnan, it consists of two parts: the Bitahai Nature Reserve, an internationally important wetland, and the Duhu Scenic Area in the Haba area of the "Three Parallel Rivers" World Natural Heritage. It is mainly composed of Bita Sea, Shudu Lake and Militang Subalpine Pasture, and is also one of the main tourist attractions of Shangri-La.
- **Dukezong Ancient City** Located in the southeast corner of Shangri-La County, Diqing Tibetan Autonomous Prefecture, it was built by the Tubo Dynasty in the Tang Dynasty. "Dukezong" is pronounced in Tibetan and means "moonlight city" and "castle built on stone". The ancient city is built on the mountain, and the road surface is paved with stone slabs according to the terrain, with natural undulations. To this day, the imprints of horse hoofs can even be seen on the stone road, which are tokens left by the caravans over the years.

SHANGRI-LA LIJIANG(170km) (B/L/D) DAY 8

- Tiger Leaping Gorge it is the longest, deepest and narrowest gorge in the world. There is a legend that a tiger once jumped across the gorge by clearing the rock from which the name Tiger Leaping Gorge comes about.
- **Lijiang Ancient Town** which is perfectly adapted to the uneven topography of this key commercial and strategic site, has retained a historic townscape of high quality and authenticity. Its architecture is noteworthy for the blending of elements from several cultures that have come together over many centuries. Lijiang also possesses an ancient water-supply system of great complexity and ingenuity that still functions effectively today.

DAY 9

LIJIANG X GUANGZHOU X KUALA LUMPUR

(B/MOB)

After breakfast, proceed to Airport depend on the flight arrival time. Home Sweet Home.

y, hole all meals which stated on the itinerary above are subject to change according to diffrent departure date without prior notice. Any changes after booking, will inform accordingly, cuncer of itinerary, meals and hotel arrangement are subject to the final adjustment of the local ground operator. el ratings are based on local terms. Tiple room sharing will based on extra roll in bed basis. hotel home stay room sharing arrange by local operator upon check in. conducted in Mandarin unless otherwise specified.