

9D7N

Amazing CHINA 中国

稻城亚丁/成都/康定/新都桥

DAOCHENG YADING / CHENGDU /
KANGDING / XINGDU BRIDGE

Tour Code: CAG-5



China
中国



Luding Chain Bridge
泸定铁索桥



Xindu Bridge
新都桥



Jiaju Tibetan Village
甲居藏寨



Daocheng Scenic Area (The Peral Sea)
稻城亚丁风景区 (珍珠海)

行程次序，以当地旅社安排为准。
Sequences of Itinerary are subject
to local arrangement.



Kazila Mountain
卡子拉山



Gongga Snow Mountain
贡嘎雪山



Chonggu Temple
冲古寺

精简行程

第一天 启程 成都 (机上用餐)
☑ 入住酒店

第二天 成都 (250公里) 新都桥 (80公里) (早/午/晚)
☑ 甲居藏寨
☑ 雅拉雪山 (车观)
☑ 塔公草原 (车观)
☑ 摄影家天堂-新都桥

第三天 新都桥 (200公里) 亚丁 (早/午/晚)
☑ 毛娅大草原 (途径)
☑ 卡子拉山 (途径)
☑ 海子山 (途径)
☑ 长青春科尔寺

第四天 稻城亚丁 (早/午/晚)
☑ 亚丁风景区 (含公共环保车)
☑ 远眺仙乃日神山
☑ 亚丁村 (途径)
☑ 冲古寺、冲古草坪
(简单午餐: 自热米饭+水果+安慕希酸奶)

第五天 亚丁二次进沟 (80公里) 稻城 (早/午/晚)
☑ 亚丁风景区 (含公共环保车)
☑ 远眺央迈勇神山、夏诺多吉神山
☑ 洛绒牛场
☑ 自由活动 (自理游览牛奶海、五色海)
(简单午餐: 自热米饭+水果+安慕希酸奶)

第六天 稻城 (425公里) 康定 (早/午/晚)
☑ 龙古村藏寨
☑ 桑堆红草地
☑ 稻城白塔
☑ 贡嘎雪山 (远眺)

第七天 康定 (285公里) 成都 (早/午/晚)
☑ 跑马山 (远眺)
☑ 泸定铁索桥 (远眺)
☑ SKP时尚商圈 (新晋网红打卡地)

第八天 成都 回程 (早/午/晚)
☑ 宽窄巷子
☑ 起风的院子 (新晋网红打卡地)
☑ 春熙路太古里步行街 (自由购物)

第九天 抵达 (机上用餐)

观光景点:

成都

◆ **宽窄巷子** - 由宽巷子、窄巷子、井巷子平行排列组成, 全为青黛砖瓦的仿古四合院落, 这里也是成都遗留下来的较成规模的清朝古街道, 与大慈寺、文殊院一起并称为成都三大历史文化名城保护街区。

稻城亚丁

◆ **稻城亚丁风景区** - 主要由“仙乃日、央迈勇、夏诺多吉”三座雪山和周围的河流、湖泊和高山草甸组成, 它的景致保持着地球上近绝迹的纯粹, 因其独特的地貌和原生态自然风光, 被誉为“香格里拉之魂”和“最后的香格里拉”, 被国际友人誉为“水蓝色星球上的最后一块净土”, 是摄影爱好者的天堂。

◆ **冲古寺** - 位于仙乃日神山脚下, 再亚丁自然风景区内占据最佳地理位置, 也是洛克笔下《消失的地平线》中美丽的蓝月山谷的原形。

◆ **洛绒牛场** - 亚丁风景区著名景点之一, 在这片附近藏民放牧的牧场上, 面向央迈勇雪山, 左眺夏诺多吉雪山, 是观赏三怙主神山的最佳地点。

温馨提示: 景点海拔高, 沿途道路崎岖狭窄, 往来交通工具只有马匹, 且运力有限, 因此游览主要靠徒步 (约5H往返) 或骑马, 骑马参考费用: 人民币500元/匹 (单程, 骑马费用自理, 价格以实际为准)。

康定

◆ **泸定桥** - 大桥于公元1706年建成, 康熙皇帝取泸水平定之意, 御笔亲书“泸定桥”三个大字。毛泽东《七律·长征》中“大渡桥横铁索寒”的诗句, 正是当年红军22勇士强渡大渡河, 突破大渡河天险, 红军才取得了陕北会师的胜利, 因而泸定铁索桥也成为红军长征史上的一座里程碑。

新都桥

◆ **新都桥** - 又叫东俄罗, 是川藏线上著名小镇, 海拔约3300米, 无垠的草甸, 连绵的山丘, 曲折的溪流, 金黄的秋叶, 加上远处散落的藏族村寨, 构成一幅天然的图画, 沿线10公里之长, 被誉为“摄影家的天堂”。

注意事项:

- 高原反应** - 此行程内景点多数属于高海拔地区, 为防高山反应, 老年人和身体弱者需备好药品, 最好配备小型氧气瓶; 游客在高原旅行期间禁止饮酒, 不要剧烈运动, 多食蔬菜和水果; 心脏病患者和患有哮喘的人不建议参与此行程。
- 高原气候** - 高原气候变化多样, 昼夜温差大; 气候多变请带足保暖防寒衣物, 也随时可能下雨, 倾斜带好雨伞或雨衣, 高原山区紫外线、日照、阳光反射都很强, 旅客长时间在户外活动, 需要带上太阳镜, 防晒霜, 润唇膏, 穿好防晒衣保护皮肤, 手套, 围巾, 防滑性好的旅游或登山鞋。
- 各段景区内都有标注温馨提示以及注意事项, 请游客认真阅读, 避免意外发生。



✓ 7早餐 / 7午餐 / 7晚餐

风味餐:

- ★ 川菜风味
- ★ 山珍风味
- ★ 鸳鸯火锅 (任饮任食)
- ★ 藏式风味
- ★ 成都小吃



酒店住宿 (7晚)

- ✓ Holiday Inn Express 或同级 x1晚
- ✓ 新都桥伊莎酒店或同级 x1晚
- ✓ 稻城华美达安可酒店或同级 x2晚
- ✓ 稻城洛克家园酒店或同级 x1晚
- ✓ 康定雪立方酒店或同级 x1晚
- ✓ 成都雅居乐豪生大酒店或同级 x1晚

自费项目: 藏族歌舞秀 + 成都大熊猫繁育基地+东门码头夜游【人民币380/人】

免责声明: 由于新冠肺炎疫情旅行限制当地/宗教节日, 公众假期, 天气状况, 交通等情况, 自然灾害, 必要时黄金旅程保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 会或否事先通知。

备注: 如果旅游行程受到上述问题的影响, 将不予退款或更换。图片仅供参考。



Xianuo Duoji Snow Mountain
夏诺多吉雪山



Kuan Zhai Alley
宽窄巷子



Milk Sea
牛奶海

SCHEDULE

D1 DEPARTURE CHENGDU (MOB)

- ☑ Check in hotel

D2 CHENGDU (250km) DANBA (80km) XINDU BRIDGE (B/L/D)

- ☑ Jiaju Tibetan Village
- ☑ Yala Snow Mountain (Couch Window View)
- ☑ Tagong Grassland (Couch Window View)
- ☑ Heaven for Photographer - Xindu Bridge

D3 XINDU BRIDGE (200km) YADING (B/L/D)

- ☑ Hairy Savannah (En route View)
- ☑ Kazila Mountain (En route View)
- ☑ Haizi Mountain (En route View)
- ☑ Changqing Kohl Temple

D4 DAOCHENG SCENIC AREA (B/L/D)

- ☑ Yading Scenic Area (Including Public Eco-Friendly Cars)
 - ☑ Yading Village (En route View)
 - ☑ Okinoku Temple, Okinoku Lawn
- (Simple Lunch: Self-Heating Rice + Fruit + Amushi Yogurt)

D5 DAOCHENG SCENIC AREA (80km) DAOCHENG (B/L/D)

- ☑ Yading Scenic Area (Including Public Eco-Friendly Cars)
 - ☑ Overlooking the Sacred Mountain of Yangmai Yong and the Sacred Mountain of Shano Dorji
 - ☑ Lo Rong Cattle Farm
 - ☑ Free time (Self-Care To Visit The Sea Of Milk And The Sea Of Five Colors)
- (Simple Lunch: Self-Heating Rice + Fruit + Amushi Yogurt)

D6 DAOCHENG (425km) KANGDING (B/L/D)

- ☑ Longgu Tibetan Village
- ☑ Sangduihong Grassland (Depends Seasons)
- ☑ Inajo White Tower
- ☑ Gongga Snow Mountain (Overlook)

D7 KANGDING (285km) CHENGDU (B/L/D)

- ☑ Paoma Mountain (Overlook)
 - ☑ Luding Chain Bridge (Overlook)
 - ☑ SKP fashion business district
- (New Internet Celebrity Check-In Place)

D8 CHENGDU DEPARTURE (B/L/D)

- ☑ Wide and narrow alleys
 - ☑ Windy yard (New Influencer Check-In Place)
 - ☑ Chunxi Road Fashion Pedestrian Street
- (Free Shopping)

D9 ARRIVE (MOB)

TOURIST ATTRACTIONS:

CHENGDU

- ◆ **Wide and Narrow Alleys** - form with wide, narrow and well alleys arranged in the parallel all of which are antique quadrangle courtyards made of Qingdai brick tiles. It is also a relatively large-scale ancient street of Qing Dynasty left over from Chengdu, and together with Daci Temple and Wenshu Courtyard, it is known as the three protected blocks of Chengdu's famous historical and cultural cities.

DAOCHENG YADING

- ◆ **Yading Nature Reserve (Aden Daocheng Scenic Area "Last Pure Land")** - mainly composed three snow-capped mountains called Xiannairi, Yangmai Yong, Xianuo Duoji and surround with rivers, lakes and alpine meadow. Located in Ganzi Tibetan Autonomous Prefecture of Sichuan province. It is still maintaining the purity of nearly extinct on the earth it also known as the soul of Shangri-la and the last of Shangri-la. In international called as the last piece of pure land on the water blue planet. It is also a paradise for photography lovers.
- ◆ **Chonggu Temple** - occupied the best geographic location in Yading Natural Reserve. It is also James Hilton written in <Lost Horizon> the beautiful Moon Valley.
- ◆ **Luorong Pasture** - one of famous attraction in the Yading Nature Scenic area. In this pasture near of Tibetan grazing, facing the Yang Mai Yong Mountain overlooked with Xianuo Duoji snow Mountain, is the best place enjoy the sight of Sankwu Main God Mountain.

Remarks - Scenic attraction is in the high altitude along the roads is narrow and bumpy. The only transportation is horses with limitation of shipping capacity. Thus, the main way to visit is walk or riding horse (takes 5 hours for round-trip). Horse riding costs: RMB500/person/horse (one-way, own expenses, price cost is subject to change).

KANG DING

- ◆ **Luding Bridge** - built in 1706AD, which named by Kangxi Emperor. This is considered a historical landmark. It was an important crossing on the road between Sichuan and Tibet.

XINDU BRIDGE TOWN

- ◆ **Xindu Bridge** - known as Eastern Russia, famous town on the Sichuan-Tibet Line, about 3,300 meters above sea level, with boundless meadows rolling hills, winding streams, golden autumn leaves and scattered Tibetan villages in the distance, forming a natural picture. The 10km long route is known as "heaven for photographers".

Remarks:

- Altitude Sickness** - most of the scenic spots in this trip belong to high altitude areas. In order to prevent mountain reactions, elderly people and week people must prepare common medicines, it is best to have small oxygen cylinders. Tourists are prohibited drinking alcohol during high altitude travel. Exercise, eat more vegetables and fruits; heats disease and asthma patients are not recommended to participate in this trip.
- Plateau Climate** - the climate change of the plateau is diverse, the temperature difference between day and night is large; if the climate is changeable, please bring warm and cold clothes, and it may rain at any time. Please bring an umbrella or raincoat. The ultraviolet rays, sunshine and sunlight reflection in the plateau mountains are very strong. For long periods of time outdoors wear sunglasses, sunscreen, lip balm, sun protection clothes, skin protections, gloves, scarves slip-resistant sneakers or hiking walking shoes.
- All the scenic spots are marked with warm reminders and precautions, please read carefully to avoid accidents.



✓ 7 Breakfast / 7 Lunch / 7 Dinner

Special Cuisine:

- ★ Sichuan Cuisine
- ★ Shan Zen Cuisine
- ★ Tibetan Cuisine
- ★ Yuan Yang Steamboat



HOTEL OR SIMILAR (7 NIGHTS)

- ✓ Holiday Inn Express or similar x1 Night
- ✓ Xindu Yisha Hotel or similar x1 Night
- ✓ Daocheng Ramada Encore Hotel or similar x2 Nights
- ✓ Daocheng Rock Homestead Hotel or similar x1 Night
- ✓ Kangding Snow Cube Hotel or similar x1 Night
- ✓ Chengdu Howard Johnson Agile Plaza Hotel or similar x1 Night

Optional Tour : Tibetan Dance Show + Chengdu Research Base of Panda + Dongmen Night Tour [RMB 380/PAX]

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic a-ected by the above issue. All pictures are for illustration purpose only.

General Information

· 成都 CHENGDU ·



货币 Currency 	Chinese Yuan - CNY Renminbi - RMB 中国元 - CNY 人民币 - RMB	信用卡 Credit Card 	* 致电信用卡中心, 以延长你的信用卡额度 * Major credit cards such as Visa and Master card are mostly widely used
货币兑换率 Exchange Rate 	10 CNY = MYR 6.50 10 元 = 马币 6.50 <small>*Subject to currency of the day* *以当天汇率为准*</small>	拨号代码 Dial Code 	China : +86 中国 : +86
电压 Voltage 	Voltage - almost always 220 V 电压 - 220伏特	插座 Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
时差 Time Different 	China - No time different with Malaysia 中国 - 时间与马来西亚时间标准时无相差	行李托运 Luggage Allowance 	Each individual are entitled to check in 1 luggage of not more than 20 kg and a hand carry bag not more than 7 kg. 每人只限携带一件不超过7公斤的手提行李上机, 以及托运行李不超过20公斤。
气候 Weather 	<input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 25°C ~ 3°C <input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 30°C ~ 19°C <input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 24°C ~ 3°C <input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 10°C ~ -3°C <small>*Subject to weather of the day* *以当天天气报告为准*</small>		
飞机型号 Aircraft Type 	A330 B737 B787		

Departure Date: 出发日期:	<input type="text"/>	Flight: 航班行程:	<input type="text"/>
Tour Fare: 团费:	<input type="text"/>	Airport Tax & Fuel Surcharge: 机场税及燃油附加费:	<input type="text"/>
Tipping: 小费:	<input type="text"/>	Agent Collection Fee: 旅行社代收费用:	<input type="text"/>
Visa: 签证:	<input type="text"/>	Travel Insurance: 旅行保险:	<input type="text"/>
		TOTAL: 总数:	<input type="text"/>

GD Partner: